

## Instructions to authors

The *Journal of Child & Adolescent Mental Health* welcomes papers from all disciplines addressing child and adolescent mental health including specific focus areas such as epidemiology, mental health prevention and promotion, community-based interventions, psychotherapy, pharmacotherapy, policy and risk behaviour. Sections of the journal include: Original research papers (<4 000 words); brief reports (<2 000 words); systematic reviews (<4 000 words unless by special arrangement); clinical perspectives; case series (<2 500 words) book reviews; editorials; and letters to the editor.

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### Format

**Title:** This should be brief, sufficiently informative for retrieval by automatic searching techniques and should contain important keywords (preferably <10 words).

**Author(s) and address(es) of author(s):** The corresponding author must be indicated and an email address and telephone number provided. The authors' respective addresses where the work was done must be indicated.

**Abstract:** For data-based contributions, the abstract should be structured as follows: *Objective* — the primary purpose of the paper, *Method* — data source, subjects, design, measurements, data analysis, *Results* — key findings, and *Conclusions* — implications, future directions. For all other contributions (except editorials, letters and book reviews) the abstract must be a concise statement of the content of the paper not exceeding 200 words. It should summarise the information presented in the paper but should not include references.

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The Journal uses the APA (6th ed.) author–date system. Every source cited in text must appear in the reference list, and each entry in the reference list must be cited in text. References should be cited as per these examples:

### Book

Winnicott, D. W. (1977). *The Piggle: An account of the psychoanalytic treatment of a little girl*. London: Hogarth Press.

### Chapter in edited book

Lee, A. C. (2009). Psychoanalytic play therapy. In K. J. O'Connor & L. D. Braverman (Eds.), *Play therapy theory and practice: Comparing theories and techniques* (2nd ed., pp. 1–58). London: Wiley.

### Journal article

Newman, L., & Stevenson, S. (2005). Parenting and borderline personality disorder: Ghosts in the nursery. *Clinical Child Psychology and Psychiatry*, 10(3), 385–394. doi: 10.1177/1359104505053756

Lein, E. S., Hawrylycz, M. J., Ao, N., Ayres, M., Bensinger, A., Bernard, A., ... Jones, A. R. (2007). Genome-wide atlas of gene expression in the adult mouse brain. *Nature*, 445 (7124), 168–176. doi: 10.1038/nature05453

### Technical and research reports

U. S. Department of Health and Human Services, Office of the Surgeon General. (2010). *How tobacco smoke causes disease: The biology and behavioral basis for smoking-attributable disease*. Retrieved from [http://www.surgeongeneral.gov/library/tobaccosmoke/full\\_report.pdf](http://www.surgeongeneral.gov/library/tobaccosmoke/full_report.pdf)

### Tests and scales

Poznanski, E. O., & Mokros, H. B. (1996). *Children's Depression Rating Scale, revised (CDRS-R)*. Los Angeles, CA: Western Psychological Services.

### Conference presentation

Ammon, R. L., & Vallacher, R. R. (2006, May). *Go ahead and lie to me: Self-coherence interactions with interpersonal preference*. Poster presented at the meeting of the Association for Psychological Science, New York.

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