

## Instructions to authors

Each issue of the Journal contains several different types of contribution: original research papers (including brief reports (<2 000 words)); review papers; clinical perspectives; book reviews; and editorials. We welcome contributions for all of these sections of the Journal.

**Editorial policy:** Submission of a manuscript implies that the material has not previously been published, nor is being considered for publication elsewhere. Submission of a manuscript will be taken to imply transfer of copyright of the material to the publishers, NISC (Pty) Ltd. Contributions are accepted on the understanding that the authors have the authority for publication. Material accepted for publication in this journal may not be reprinted or published in translation without the express permission of the publishers, NISC. The Journal has a policy of anonymous peer review. Authors' names are withheld from referees, but it is their responsibility to ensure that any identifying material is removed from the manuscript. The Editor reserves the right to revise the final draft of the manuscript to conform to editorial requirements.

**Manuscripts:** Manuscripts should be submitted in English. They should be typewritten and double-spaced, with wide margins in MSWord format. Manuscripts should be submitted to The Editor, Journal of Child & Adolescent Mental Health, Department of Psychiatry, Stellenbosch University (Tygerberg Campus), PO Box 19063, Tygerberg 7505, South Africa, e-mail: sseedat@sun.ac.za. We encourage authors to submit manuscripts via e-mail.

**Layout:** A recent issue of the *Journal of Child & Adolescent Mental Health* should be consulted for general layout and style.

**Manuscript format:** All pages must be numbered consecutively, including those containing the references, tables and figures. The typescript of manuscripts should be arranged as follows:

**Title:** This should be brief, sufficiently informative for retrieval by automatic searching techniques and should contain important keywords (preferably <10 words).

**Author(s) and address(es) of author(s):** The corresponding author must be indicated. The authors' respective addresses where the work was done must be indicated. An e-mail address, telephone number and fax number for the corresponding author must be provided.

**Abstract:** For data-based contributions, the abstract should be structured as follows: *Objective* — the primary purpose of the paper, *Method* — data source, subjects, design, measurements, data analysis, *Results* — key findings, and *Conclusions* — implications, future directions. For all other contributions (except editorials, letters and book reviews) the abstract must be a concise statement of the content of the paper. Abstracts must not exceed 200 words. It should summarise the information presented in the paper but should not include references.

### Referencing:

**References in text:** References in running text should be quoted as follows: Louw and Mkize (1990), or (Louw 1990), or Louw (1990, 1991a, 1991b) or (Louw and Mkize 1992), or (Mkize 1990, Louw and Naidoo 1993). For up to three authors, all surnames should be cited the first time the reference occurs, e.g. Louw, Mkize and Naidoo (1990) or (Louw, Mkize and Naidoo 1990). Subsequent citations should use *et al.*, e.g. Louw *et al.* (1990) or (Louw *et al.* 1990). For four or more authors, cite only the surname of the first author followed by *et al.* and the year, for the first and subsequent citations. Note, however, that all authors are listed in the Reference List. 'Unpublished observations' and

'personal communications' may be cited in the text, but not in the reference list. Manuscripts accepted, but not yet published can be included as references followed by 'in press'.

**Reference List:** Full references should be given at the end of the article in alphabetical order, using double spacing. References to journals should include the authors' surnames and initials, the full title of the paper, the full name of the journal, the year of publication, the volume number, and inclusive page numbers. Titles of journals must not be abbreviated. References to books should include the authors' surnames and initials, the year of publication, the full title of the book, the place of publication, the publisher's name. References should be cited as per the examples below (please note the absence of punctuation):

Haynie DL (2000) *The Peer Group Revisited: A Network Approach for Understanding Adolescent Delinquency*. PhD Thesis, Pennsylvania State University, Pennsylvania, USA

Louw J (1990a) Comorbidity of conduct and anxiety disorders. *Southern African Journal of Child and Adolescent Psychiatry* 5: 43–51

Louw J, Mkize AC and Naidoo DH (1990) Cultural disorders. In: Isaacs S (ed.), *Psychiatric Disorders in South African Children*. Cape Town: Juta & Co. pp 84–96

McRoy RG, Grotevant HD and White KL (1988) *Openness in Adoption: New Practices, New Issues*. New York: Praeger Publishers

Population Reference Bureau (2002) Untitled fact sheet. Available at: [http://www.prb.org/content/navigationMenu/Other\\_reports/2000-2002/sheet1.html](http://www.prb.org/content/navigationMenu/Other_reports/2000-2002/sheet1.html). [Accessed 22 February 2002]

**Tables:** Each table, numbered with Arabic numerals in the order in which they are to appear, must be on a separate sheet of paper with the table number and an appropriate stand-alone caption. Tables may include up to five horizontal lines but no vertical lines.

**Figures:** Figures must be on separate pages and numbered chronologically as referred to in the text using Arabic numerals. Figures must not repeat data presented in the text or tables. They must be executed in black on a clean white background. Figures can be submitted in the following electronic formats: TIFF, PDF, EPS or JPEG. Particular attention should be paid to the proportions of illustrations so that they can be accommodated in the 140 mm column width. Graphs and histograms should preferably be two-dimensional and scale marks (turning inwards) provided. All lines (including boxes) should be black, but not too thick and heavy. Axes must state in upper case the quantity being measured, followed by the appropriate SI units in parenthesis. Use Arial font for lettering. Figure numbers and descriptive captions should be listed on a separate page. Please refer to [www.nisc.co.za](http://www.nisc.co.za) for figure format and style conventions. Costs of redrawing figures may be charged.

Authors will receive electronic reprints of their manuscript. Authors will be notified via e-mail when reprints are available for download from the NISC website ([www.nisc.co.za](http://www.nisc.co.za)). Please note that only corresponding authors are notified. The journal does not place restriction on manuscript length, but attention is drawn to the following page charges\*:

South African and African contributors — R200 per page (subscribers R135), full colour: R2 000  
International contributors — US\$40 per page (subscribers \$27), full colour: \$300

\* *Black and white page charges are waived for subscribers who are paid-up members of the South African Association for Child and Adolescent Psychiatry and Allied Professions*

---